

Recommendations

Overarching principles for responses across the service system

Recognise children:

Develop mechanisms for children's voices to inform reforms and offer accessible therapeutic support for children

Respond to diversity:

Invest in responses tailored for people with diverse backgrounds experiences of structural inequalities

Promote change:

Offer sustained support for people to end their use of IPV and/or SV within a framework that balances empathy with accountability

Community



Provide

- **Universal education** on healthy and abusive relationship behaviours
- Enhanced public **messaging** about **available, affordable and confidential supports**, including helplines for victims and survivors and people who use IPV and/or SV
- **Financial interventions** (e.g. microfinancing) to alleviate financial distress for victims and survivors

Social networks



Develop and deliver

- **"Allies training"** for family, friends and community using the **CARE** victim and survivor model
- **"First responder healthy relationships first aid"** for family, friends, workplaces and faith-based organisations using the **LIVES** model
- **"Engaging men"** training for family and friends to engage effectively with men who use IPV and/or SV

Early engagement



Foster

- **Professional and cultural competency** in general practice, mental health and counselling services to deliver emotional and practical support to victims and survivors
- Capacity of general practice, mental health and counselling services **to engage with people who use IPV and/or SV** to seek further help and to challenge violence-supportive thinking and attitudes

System access



Offer

- **Ongoing flexible service delivery** (telehealth/online) across sectors for victims and survivors and people who use IPV and/or SV
- **"Care navigators"** for pathways to accessible and affordable long-term support and advocacy for victims and survivors
- Accessible **messaging about limits of confidentiality** to overcome barriers to accessing support

Ongoing response



Resource

- **Aboriginal and Torres Strait Islander-led centres for healing** for all members of the family in each state
- **Trauma- and violence-informed recovery and healing services** in each state
- **Peer victim and survivor-led support groups** in each state
- **Trauma- and violence- informed care** through the Medicare Benefits Scheme for general practice and private mental health services

Source:

Hegarty, K., McKenzie, M., McLindon, E., Addison, M., Valpied, J., Hameed, M., Kyei-Onanjiri, M., Baloch, S., Diemer, K., & Tarzia, L. (2022). *"I just felt like I was running around in a circle": Listening to the voices of victims and perpetrators to transform responses to intimate partner violence* (Research report, 22/2022). ANROWS.

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