

ANROWS

AUSTRALIA'S NATIONAL RESEARCH  
ORGANISATION FOR WOMEN'S SAFETY

*to Reduce Violence against Women & their Children*

***CALD Projects with  
Action Research Initiative (CALD PAR)***

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*Workshop 3-4 April 2019*

Multicultural Hub Melbourne

# Self care and Safety

## **1800 RESPECT - 1800 737 732**

- National Sexual assault, domestic and family violence counselling service
- 24/7 phone and online services
- Australian state and territory contact details for specialist sexual assault and domestic and family violence support services can be found at [1800 Respect services and support website](#)

## **KIDS HELPLINE - 1800 55 1800**

- Counselling service for Australian children and young people aged 5-25 years
- 24/7 phone and online services

## **MEN'S REFERRAL SERVICE (MRS) - 1300 766 491**

- MRS provides anonymous and confidential telephone counselling, information and referrals to men to help them take action to stop using violent and controlling behaviour

See \*\*\*\*\* if de-briefing or assistance needed throughout the next two days

# Cultural Safety

**Cultural safety:** an environment that is spiritually, socially and emotionally safe, as well as physically safe for people; where there is no assault, challenge or denial of their identity, of who they are and what they need. It is about shared respect, shared meaning, shared knowledge and experience of learning together (Williams, 1999, p. 213).

# Our Cultural Safety Principles

- Critical reflection and inclusive dialogue
- Decolonising research
- Prioritising safe working practices.

# Workshop Group Agreement Aims

- Cultural Safety
- Confidentiality
- Non-harmful language
- Respectful ways of interacting
- Critical friends also share strengths and positives

# Workshop Aims

- To share your project updates
- Introduction to new resources and organisations
- Consider support for bi-cultural workers
- Practice a thematic analysis
- ANROWS CALD PAR team also aim is to engage projects in what will be reported about this initiative
- Discuss increasing referral pathways to services

# Day One Agenda

9:30 – 9:40 am Tracey Edmonds, Assistant Director, Family Safety Branch, DSS.

**9:40 – 1. 30pm Stories from the Field: one key challenge/success**

1.30-3 pm Community of Practice with Lora Hares WellSprings for Women and Nadine Hantke, inTouch Multicultural Centre Against Family Violence

3.00 -3.30 pm Community of Practice: Sustainability of Practice BSCW projects - Dr Cuong La, Our Watch, and Nadine Hantke, inTouch

3:30- 4:00pm Our Watch: new storytelling resource-Unpacking violence - Dr Cuong La with Jane Torney, Our Watch

4:00 – 4:30 pm Harmony Alliance Maria Dimopoulos,

# Day two Agenda

9:00 – 9:20 am Recap and agenda

9:20 – 10:40 Safety and support for 'Bi-Cultural' Workers - Bernice Murphy, Centre for Ethnicity and Health, and Michal Morris, InTouch Multicultural Centre Against Family Violence

11:00 – 12:30 pm **Data analysis: exercise using stories from the field**

1:30 – 3.30 pm **Co-production CALD PAR Report activity**

Dr Elizabeth Orr, Eleanor Shepherd with Dr Maria Koleth

4:00 – 4:30 pm Evaluation of workshop

4:30 – 5:00 pm Project specific consultations re action research and preparation for Digital Storytellers workshop



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*Thematic Analysis 3-4 April 2019*

Dr. Liz Orr, Senior Research Officer with Dr Maria Koleth, Research Officer.

# Thematic Analysis is a method

- An umbrella term `thematic analysis`
- Clarke & Braun (2018) suggest two definitions of what is a theme- bucket and storybook

## In this activity

- We value flexible processes, articulate and understand our own subjectivity rather than seeing subjectivity as bias and as a problem to be managed.
- We will value open ended exploration and reflexivity

# What are themes and how do you find them?

- A theme is a pattern of meaning- described in music scores and sociological studies since the 1940's
- Using coding and a repeating processes of constantly reviewing data and how you have coded it, themes are where you end up rather than where you start

# Phases of Thematic Analysis (Clarke and Braun 2006)

1. Familiarise yourselves with the data and ideas of potential interest
2. Generate codes
3. Generate initial themes
4. Review initial themes
5. Refine and name 3 themes
6. Produce a statement which discusses the themes as findings.

# Reflection on this activity

- What is useful, challenging, confusing, uncertain, exhilarating???. All of these things...
- Are there any additional tools or resources that would assist you to do a similar activity with your CALD PAR data?

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***Co-Production 3-4 April 2019***

Dr. Liz Orr, Senior Research Officer

# Co Production Session

- What is co-production and why not just co-design?
- CALD PAR project outcomes and resources
- ANROWS KTE co-production aims and processes
- **ACTIVITY – Can we co-produce a CALD PAR report?**

# Re-cap on co-design Brisbane Sept 2018 and why now co-production

- Value of local practitioner experience as 'evidence'
- Principles of co-design- inclusive, respectful,
- Why we now use the term 'co-production'?



# Co-Production

Processes are used in the design, implementation, and dissemination of research and knowledge products that **involve people who use or are affected by the research or policy outcomes.**

# Co-Production

- Transparent and inclusive about final products not only consultative and collaborative in design
- Timelines- can do because we now have February 2020 for final report
- Content and Process to be decided with CALD PAR participation
- LETS BRAINSTORM!

# Sharing Findings- Co-Production Principles

- Use of `co-design` - processes in the design of research and knowledge.
- Services and products that involve people who use or are affected by the research or policy outcomes.
- Combines lived experience and professional expertise
- **The communities your projects work with and you are the experts of those communities and projects**
- Authenticity counts- successes and challenges
- Knowledge about prevention and pathways practice is best **informed by local practitioners**
- Involve people who use or are affected by the research or policy outcomes in production of resources/policy/practice and their review.

# Who do CALD PAR work with and for?

## 26 projects

*Communities Leading Prevention:* 18 (70%)

*Safer Pathways for CALD Women:* 8 (30%)

**Gender** 60% mixed gender, 20 % men 20 % women

**Locations** ACT – 1 QLD – 5 WA – 1 SA – 2 NSW – 7 VIC – 10

**Majority are Working with** CALD group/s and mainstream organisations, over 30 cultures/nationalities are mentioned across your activity work plans with 46% working with multiple cultural groups

# CALD PAR Key milestone dates

## DSS Reporting

Progress Report

Next Progress Report

Current final report

Extension final report

**ANROWS Final Combined Report**

## Prevention

January 2019

???

November 2019

???

## Safer Pathways

January 2019

???

January 2019

???

**February 2020**

## ANROWS Basic

Digital Story for uploading

CoP Evaluation(s)

Findings – \*contributions and reflections

July 2019

June (Phase 1) Sept (Phase 2) 2019

October 2019

\*Resistance paper , Mapping tool, Facilitators guides

# ANROWS KTE TIPS

- Audience
- Aims
- Processes

# Co-Production Activity

- ANROWS invites your views about the CALD PAR report to DSS and what content you hope will be included in the ANROWS synthesis report.
- If and how you would like to be involved in the co-production process, e.g. processes for writing, reviewing and presenting the report.

# ANROWS Final Report: Structure

- Executive summary
- Introduction
- Project Methodology and Approach
- **Findings from CALD communities leading prevention and Creating Safer pathways** (including synthesised results from projects' action research and evaluation/reflections on posters, project stories, digital storytelling)
- Evaluation and **learning from supporting projects** in Action Research on Prevention and Safer Pathways in CALD Communities (including CoPs)
- **Recommendations**
- Appendices (including literature review, resources, CoP documents on resistance and pathways mapping tool, guides, specific analysis).



# Activity

- Pick a themes from the TA this morning or develop a question on a topic that you would like to see included in the CALD PAR report .
- Discuss what is important to report about this theme or topic
- Consider the types of formats in which this information can be presented e.g. Vox pop, audio, picture, case study.

# Overview of options and form

**All projects:** Send in DSS progress reports, other reports on action research findings so that they can be synthesised by ANROWS for report sections

**Options:** (working with ANROWS and/or other projects)

- **Write** a vox pop/information box/case study section reflecting on a particular issue/question/theme
- **Assemble a resource** for the appendices eg. facilitators guides
- **Contribute** to CoP documents on resistance, pathways mapping or other
- **Send** in pictures/designs to be considered for inclusion
- **Design** infographic
- **Review** sections of report and/or design

# References

- Braun, V. & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3 (2), 77-101.
- Clarke, V. (2018) What is thematic analysis?[You tube video posted by Victoria Braun]. Retrieved April 1 2019 from [https://www.youtube.com/watch?v=oY\\_nlcgZoac](https://www.youtube.com/watch?v=oY_nlcgZoac)
- Williams, R. (1999). Cultural Safety – What does it mean for our work practice? *Australian and New Zealand Journal of Public Health*, 23(2), 213-214.